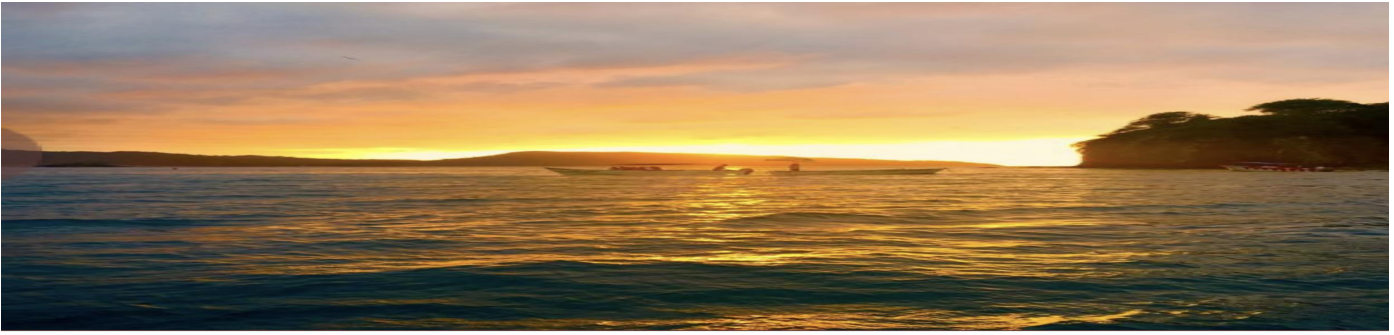




CHACALA, MEXICO

Iyengar Yoga Holiday Retreat



with Nancy Marcy and Shannyn Joy Potter

SATURDAY, NOVEMBER 25 - SATURDAY, DECEMBER 2, 2023

MAR de JADE WELLNESS RESORT

This beautiful, ocean-front yoga retreat center is located on the Pacific Coast in Chacala, Mexico. The resort is ninety minutes north of Puerto Vallarta, Mexico. Included in your stay are three daily buffets from their organic farm, customized to your nutritional needs. You'll experience over 20 hours of Iyengar yoga with a 20-station rope wall and all necessary props. There are many excursions and activities to fill your free time: guided hikes, tours, horseback riding, whale watching, fishing, swimming, surfing, snorkeling.

COSTS

Accommodations: Payable directly to Mar de Jade; the weekly rates vary from \$990 to \$1850 per person.

Yoga Instruction: Payable directly to Shannyn or Nancy; the fee is \$590. *(Venmo QR below)*

Transportation: You are responsible for your air and ground transport costs. The shuttle fee from airport to resort ranges from \$25 to \$140 for one-way transportation, paid in cash at the time of transport.

RESERVATIONS

1. Contact us and pay the yoga fee. A 50% deposit will hold your place; 100% due by September 23, 2023.
2. Reserve your room at Mar de Jade by online [booking here](#) or call 1-800-257-0532.
3. Book your flight to Puerto Vallarta (PVR) and send Mar de Jade your itinerary. Email groups@mardejade.com. The resort will arrange for your shuttle service to Mar de Jade.

CANCELLATION POLICY

Accommodations: Check out the [Mar de Jade](#) website for info about their cancellation policy.

Yoga Instruction: If we fill to capacity or if you cancel prior to 9/23, you'll receive a 90% refund. Otherwise, cancellations from 9/23 - 11/1 receive 75% and cancellations after 11/1 receive no refund.

CONTACT

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[Lifelong Yoga](#)

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